Research proposal

Title- **Effects of Aerobic exercise (Aerobic fitness) can have an influence on multiple sclerosis patients to manage their symptoms and functions**

Scientific title- who works in particular area in research. (20 words or less)

Lay title- General members of the public can understand (simple version of title)

Total words -500 words

Summary (100 words) -AIMS

Significant

Study design

-How expected study outcomes

**expected outcome**-what results are going to be

-Contribution to the field more about gap in the existing knowledge

-Describe in such way that normal people can understand

**Project details**-

Context- summarize key points in literature

Formulate Research question

Clear background- reader can easily understand

Clear Rationale- primary research aim

**Design &method**-

Select study design- which type of study design you will choose like

RCT, Retrospective, Case- control, Observational

Select population- from where you have selected the population

Knee arthritis, Rehabilitation Ward, stroke, Local/private clinic

**Data collection process-**

Outcomes, how you measure

**Data management and analysis**- looking for different between two groups

Relationship between variables

How will you doing that

How you going to answer the research question-reader can get the idea easily

**Timeline- Insert chart here. -table**

**6 months- 6 colums for each month**

Key activities-**Ethics application**

**Patient recruitment**

**Data collection**

**Data analysis write up**

**Paper submission**

BUDGET- INVOLVED COST

References- APA format

5 references