

Psy 202 Data Analysis Project Survey

Start of Block: Survey Questions

Q1 Dear students,

The following questionnaire will be used for educational purposes in Psy 202. This data will not be published and is therefore not intended to generalize beyond Psy 202 students. No identifying information will be collected, and you are welcome to skip any question you do not feel comfortable answering. Thank you for your time and thoughtful responses.

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Q13 Which of the following best describes your gender identity?

- Man (1)
- Woman (2)
- Nonbinary/Genderqueer (3)
- None of the above (4)

Q2 Age (in whole years only)



Q29 Think of this ladder as representing where people stand in Canada.



At the top of the ladder are the people who are the best off - those who have the most money, the most education and the most respected jobs. At the bottom are the people who are the worst off - who have the least money, least education, and the least respected jobs or no job.

The higher up you are on this ladder, the closer you are to the people at the very top: the lower you are, the closer you are to the people at the very bottom.

Where would you place yourself on this ladder?

Please choose on the ladder where you think you stand at this time in your life, relative to other people in Canada.

- 10 (10)
 - 9 (9)
 - 8 (8)
 - 7 (7)
 - 6 (6)
 - 5 (5)
 - 4 (4)
 - 3 (3)
 - 2 (2)
 - 1 (1)
-

Q3 Height (in inches)

(E.g., if you are 5 ft 6 inches tall, you should enter "66", because 5 ft = 60 inches, + 6 inches = 66)

Here is a calculator: <http://www.csqnetwork.com/csqcvtftin2inchescalc.html>

Q5 Shoe size (in US/Canada units; e.g., 8.5 or 9)

Q4 During what month were you born?

▼ January (1) ... December (12)

Q6 Number of siblings you have (include all step and half-siblings as well).

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Q8

Flight versus invisibility. This question is only for you. Whichever you pick, you'll be the only person in the world to have that particular superpower. You can't have both. Which do you choose?

(This question was featured on an episode of the podcast *This American Life* - you can listen to this segment here: <https://www.thisamericanlife.org/178/superpowers/act-one-0>, or read the transcript here: <https://www.thisamericanlife.org/178/transcript>)

- Flight (1)
 - Invisibility (2)
-

Q9 How many social media platforms do you use regularly? (E.g., Facebook, Snapchat, Instagram, Twitter, etc.)

- None (1)
 - 1-2 (2)
 - 3-4 (3)
 - 5 or more (4)
-



Q10 How many friends do you have on Facebook? Skip this item if you do not have a Facebook account.



Q28 How many followers do you have on Instagram? Skip this item if you do not have an Instagram account



Q33 How many followers do you have on Twitter? Skip this item if you do not have a Twitter account



Q12 How many caffeinated beverages do you consume on a typical school day? Enter 0 for none.



Q19 How many hours in a typical week do you spend exercising? Round to the nearest 10ths place. (E.g., 1.7, not 1.675)

Pet If you HAD to choose, would you consider yourself a cat-person or a dog-person?

- Cat Person (1)
- Dog Person (2)

Q35 In the YA series *Divergent*, everyone is placed in a faction based on their placement test results when they turn 16.

Read more about the factions here: [https://en.wikipedia.org/wiki/Factions_\(Divergent\)](https://en.wikipedia.org/wiki/Factions_(Divergent))

Which faction would you be in? (Don't know? Take a test here! <https://www.epicreads.com/blog/divergent-quiz-factions/>)

- Dauntless (1)
- Amity (2)
- Erudite (3)
- Abegnation (4)
- Candor (5)

Attract On a scale of 1-10, where 1 = Not at all Attractive and 10 = I'm a Super Model, how physically attractive do you think you are?

- 1 (1)
- 2 (2)
- 3 (3)
- 4 (4)
- 5 (5)
- 6 (6)
- 7 (7)
- 8 (8)
- 9 (9)
- 10 (10)

Burrito_Self On a scale of 1-10, where 1 = Not at All Willing and 10 = Absolutely Willing, how willing would **you** be to go to all your classes for a week dressed like a burrito for \$100?

- 1 (1)
- 2 (2)
- 3 (3)
- 4 (4)
- 5 (5)
- 6 (6)
- 7 (7)
- 8 (8)
- 9 (9)
- 10 (10)

Burrito_Other On a scale of 1-10, where 1 = Not at All Willing and 10 = Absolutely Willing, how willing do you think **the average Psy 202 student** would be to go to all their classes for a week dressed like a burrito for \$100?

- 1 (1)
- 2 (2)
- 3 (3)
- 4 (4)
- 5 (5)
- 6 (6)
- 7 (7)
- 8 (8)
- 9 (9)
- 10 (10)

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SWB Indicate your agreement with the following statements using the following 1-7 scale.
Please be open and honest in your responding

	Strongly Disagree (1)	Disagree (2)	Somewhat disagree (3)	Neither agree nor disagree (4)	Somewhat agree (5)	Agree (6)	Strongly agree (7)
In most ways my life is close to my ideal (1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The conditions of my life are excellent. (2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am satisfied with my life. (3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
So far I have gotten the important things I want in life. (4)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If I could live my life over, I would change almost nothing (5)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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BIG5 Here are a number of characteristics that may or may not apply to you. For example, do you agree that you are someone who likes to spend time with others? Please write a number next to each statement to indicate the extent to which you agree or disagree with that statement.

I see myself as someone who ...

	Strongly disagree (1)	Somewhat disagree (2)	Neither agree nor disagree (3)	Somewhat agree (4)	Strongly agree (5)
Tends to be quiet (Big5_1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is compassionate, has a soft heart (BIG5_2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Tends to be disorganized (BIG5_3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Worries a lot (BIG5_4)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is fascinated by art, music, or literature (BIG5_5)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is dominant, acts as a leader (BIG5_6)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is sometimes rude to others (BIG5_7)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Has difficulty getting started on tasks (BIG5_8)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Tends to feel depressed, blue (BIG5_9)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Has little interest in abstract ideas (BIG5_10)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Is full of energy (BIG5_11)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Assumes the best about people (BIG5_12)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Is reliable, can
always be
counted on
(BIG5_13)

Is emotionally
stable, not
easily upset
(BIG5_14)

Is original,
comes up with
new ideas
(BIG5_15)

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NeedCog For each of the statements below, please indicate to what extent the statement is characteristic of you. If the statement is extremely uncharacteristic of you (not at all like you) choose "1"; if the statement is extremely characteristic of you (very much like you) choose "5"

Of course, a statement may be neither extremely uncharacteristic nor extremely characteristic of you; if so, please use the number in the middle of the scale that describes the best fit.

	Extremely Uncharacteristic (1)	Somewhat Uncharacteristic (2)	Uncertain (3)	Somewhat Characteristic (4)	Extremely Characteristic (5)
I would prefer complex to simple problems. (1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I like to have the responsibility of handling a situation that requires a lot of thinking. (2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I find satisfaction in deliberating hard and for long hours. (3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I only think as hard as I have to. (4)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The idea of relying on thought to make my way to the top appeals to me. (5)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I really enjoy a task that involves coming up with new solutions to problems. (6)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I prefer my life to be filled with puzzles that I must solve. (7)

The notion of thinking abstractly is appealing to me. (8)

I would prefer a task that is intellectual, difficult, and important to one that is somewhat important but does not require much thought. (9)

I usually end up deliberating about issues even when they do not affect me personally. (10)

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PANAS_Before Indicate the extent to which you are currently feeling the following.

	None at all (1)	A little (2)	A moderate amount (3)	A lot (4)	A great deal (5)
Upset (PANAS_1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hostile (PANAS_2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Alert (PANAS_3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ashamed (PANAS_4)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Inspired (PANAS_5)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Nervous (PANAS_6)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Determined (PANAS_7)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Attentive (PANAS_8)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Afraid (PANAS_9)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Active (PANAS_10)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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End of Block: Survey Questions

Start of Block: Help-High Responsibility

HelpHigh Please take a moment to imagine that you're sitting in class and the guy sitting next to you mentions that he skipped class last week to go hiking. He then asks if he can borrow your lecture notes for the week. How likely are you to lend him your notes?

- Extremely unlikely (1)
- Moderately unlikely (2)
- Slightly unlikely (3)
- Neither likely nor unlikely (4)
- Slightly likely (5)
- Moderately likely (6)
- Extremely likely (7)

End of Block: Help-High Responsibility

Start of Block: Help - Low Responsibility

HelpLow Please take a moment to imagine that you're sitting in class and the guy sitting next to you mentions that he missed class last week because he had a terrible case of the flu. He then asks if he can borrow your lecture notes for the week. How likely are you to lend him your notes?

- Extremely unlikely (1)
- Moderately unlikely (2)
- Slightly unlikely (3)
- Neither likely nor unlikely (4)
- Slightly likely (5)
- Moderately likely (6)
- Extremely likely (7)

Start of Block: Mindfulness

Q26 For the last part of your survey, take 3 minutes to watch the following video. Make sure your room is quiet, or you have headphones. Return to the survey when you are done.

<https://www.youtube.com/watch?v=evJHBLIdMsE>

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Panas_After Indicate the extent to which you are currently feeling the following.

	None at all (1)	A little (2)	A moderate amount (3)	A lot (4)	A great deal (5)
Upset (PANAS_1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hostile (PANAS_2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Alert (PANAS_3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ashamed (PANAS_4)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Inspired (PANAS_5)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Nervous (PANAS_6)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Determined (PANAS_7)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Attentive (PANAS_8)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Afraid (PANAS_9)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Active (PANAS_10)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

End of Block: Mindfulness

Start of Block: End

Q25 Thank you for your time and responses! Make sure to click the arrow to 'submit' your responses.

End of Block: End
