**Psy 202 Data Analysis Project**

**Data Guide**

Variable Name: Gender

Question Text: Which of the following best describes your identity?

Response Type: 1 = Man, 2 = Woman, 3 = Nonbinary/Genderqueer, 4 = None of the Above

Variable Name: Age

Question Text: Age (in whole years only)

Response Type: Numerical values may vary

Variable Name: SocStat

Question Text: Think of this ladder as representing where people stand in Canada. At the top of the ladder are the people who are the best off - those who have the most money, the most education and the most respected jobs. At the bottom are the people who are the worst off - who have the least money, least education, and the least respected jobs or no job. The higher up you are on this ladder, the closer you are to the people at the very top: the lower you are, the closer you are to the people at the very bottom. Where would you place yourself on this ladder? Please choose on the ladder where you think you stand at this time in your life, relative to other people in the Canada.

Response Type: 1-10 (1 = lowest rung on ladder, 10 = highest rung on ladder)

Variable Name: Height

Question Text: Height (in inches)

Response Type: Numerical values may vary

Variable Name: Shoe

Question Text: Shoe size (in US/Canada units)

Response Type: Numerical values may vary

Variable Name: BirthMonth

Question Text: During what month were you born?

Response Type: 1 = January, 2 = February, 3 = March, 4 = April, 5 = May, 6 = June, 7 = July, 8 = August, 9 = September, 10 = October, 11 = November, 12 = December

Variable Name: Siblings

Question Text: Number of siblings you have (include all step and half-siblings)

Response Type: Numerical values may vary

Variable Name: Power

Question Text: Flight versus invisibility. This question is only for you. Whichever you pick, you'll be the only person in the world to have that particular superpower. You can't have both. Which do you choose?

Response Type: 1 = Flight, 2 = Invisibility

Variable Name: SocMedia

Question Text: How many social media platforms do you use regularly?

Response Type: 1 = None, 2 = 1-2, 3 = 3-4, 4 = 5 or more

Variable Name: FB

Question Text: How many friends do you have on Facebook? Skip if you do not have a Facebook account.

Response Type: Numerical values will vary

Variable Name: Insta

Question Text: How many followers do you have on Instagram? Skip if you do not have an Instagram account.

Response Type: Numerical values will vary

Variable Name: Caffeine

Question Text: How many caffeinated beverages do you consume on a typical school day?

Response Type: Numerical values may vary

Variable Name: Exercise

Question Text: How many hours in a typical week do you spend exercising? Round to the nearest 10ths place.

Response Type: Numerical values may vary

Variable Name: AnimalPref

Question Text: If you HAD to choose, would you consider yourself a cat-person or a dog-person?

Response Type: 1 = Cat person, 2 = Dog person

Variable Name: Faction

Question Text: In the YA series *Divergent*, everyone is placed in a faction based on placement test results when they turn 16. Which faction would you be in?

Response Type: 1 = Dauntless, 2 = Amity, 3 = Erudite, 4 = Abegnation, 5 = Candor

Variable Name: Attract

Question Text: How physical attractive do you think you are?

Response Type: 1-10 (1 = Not at all attractive, 10 = I’m a super model)

Variable Name: Burrito\_Self

Question Text: How willing would you be to go to all your classes for a week dressed like a burrito for $100?

Response Type: 1-10 (1 = Not at all Likely, 10 = Extremely likely)

Variable Name: Burrito\_Other

Question Text: How willing do you think the average Psy 202 student would be to go to all their classes for a week dressed like a burrito for $100?

Response Type: 1-10 (1 = Not at all Likely, 10 = Extremely likely)

Variable Name: HelpCondition

Question Text: EXPERIMENTAL MANIPULATION. Half of the participants were randomly assigned to read Situation 1, half read Situation 2.

***Situation 1***: Please take a moment to imagine that you’re sitting in class and the guy sitting next to you mentions that he missed class last week because he had a terrible case of the flu. He then asks if he can borrow your lecture notes for the week.

***Situation 2:*** Please take a moment to imagine that you’re sitting in class and the guy sitting next to you mentions that he skipped class last week to go hiking. He then asks if he can borrow your lecture notes for the week.

Response Type: 1 = Low responsibility (flu), 2 = High responsibility (hiking)

Variable Name: HWHELP

Question Text: How likely are you to lend him your notes?

Response Type: 1-7 (1 = Not at all likely, 7 = Extremely likely)

Variable Name: SurveyLength

Question: Amount of time spent taking survey in seconds

Response Type: Numerical values may vary

---------------------------------*you will create these composite variables below* ------------------------------------

Variable Name: SWBTot

Scale: Subjective well-being. A self-report measure of how well you think your life is going. Scores represent agreement with statements. Higher values indicate more well-being.

Response Type: 1-7 (1 = Strongly disagree, 7 = Strongly agree)

Variable Name: BIG5\_N

Scale: Neuroticism. A self-report measure of negative emotionality. Scores represent agreement with statements. Higher values indicate higher neuroticism.

Response Type: 1-5 (1 = Strongly disagree, 5 = Strongly agree)

Variable Name: BIG5\_E

Scale: Extraversion. A self-report measure of outgoingness and energy. Scores represent agreement with statements. Higher values indicate higher extraversion.

Response Type: 1-5 (1 = Strongly disagree, 5 = Strongly agree)

Variable Name: BIG5\_O

Scale: Openness. A self-report measure of openness to new experiences. Scores represent agreement with statements. Higher values indicate higher openness.

Response Type: 1-5 (1 = Strongly disagree, 5 = Strongly agree)

Variable Name: BIG5\_A

Scale: Agreeableness. A self-report measure of friendliness and cooperation. Scores represent agreement with statements. Higher values indicate higher agreeableness.

Response Type: 1-5 (1 = Strongly disagree, 5 = Strongly agree)

Variable Name: BIG5\_C

Scale: Conscientiousness. A self-report measure of focus and organization. Scores represent agreement with statements. Higher values indicate higher conscientiousness.

Response Type: 1-5 (1 = Strongly disagree, 5 = Strongly agree)

Variable Name: NFCTot

Scale: Need for cognition. A self-report measure of how much a person engages in, and enjoys, thinking. Scores represent how characteristic a statement is of the participant. Higher values indicate a higher need for cognition.

Response Type: 1-5 (1 = Not at all characteristic, 5 = Extremely characteristic)

Variable Name: POSPre

Scale: Positive emotions, BEFORE doing mindfulness exercise. A self-report measure of extent of positive emotions experienced. Scores represent “amount you are feeling this now” averaged across multiple positive emotions. Higher values indicate more positive emotion.

Response Type: 1-5 (1 = None at all, 5 = A Great Deal)

Variable Name: POSPost

Scale: Positive emotions, AFTER doing mindfulness exercise. A self-report measure of extent of positive emotions experienced. Scores represent “amount you are feeling this now” averaged across multiple positive emotions. Higher values indicate more positive emotion.

Response Type: 1-5 (1 = None at all, 5 = A Great Deal)

Variable Name: NEGPre

Scale: Negative emotions, BEFORE doing mindfulness exercise. A self-report measure of extent of negative emotions experienced. Scores represent “amount you are feeling this now” averaged across multiple negative emotions. Higher values indicate more negative emotion.

Response Type: 1-5 (1 = None at all, 5 = A Great Deal)

Variable Name: NEGPost

Scale: Negative emotions, AFTER doing mindfulness exercise. A self-report measure of extent of negative emotions experienced. Scores represent “amount you are feeling this now” averaged across multiple negative emotions. Higher values indicate more negative emotion.

Response Type: 1-5 (1 = None at all, 5 = A Great Deal)

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