Based on what you know now, how did the program help with the following.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Less than Adequately | Adequately | More than adequately | Very well |
| Write clearly and effectively |  |  |  |  |
| Communicate well orally |  |  |  |  |
| Learn about Inclusiveness: relate well with people of different ethnicity or might be otherwise excluded |  |  |  |  |
| Career coaching - Develop work-related knowledge and skills, and how to conduct job search |  |  |  |  |
| Understanding of Canadian workplace culture |  |  |  |  |
| Resume and cover letter writing skill |  |  |  |  |
| Prepare towards workplace integration |  |  |  |  |