**THE KNOWLEDGE OF ALCOHOL AND MARIJUANA USE AND ITS HEALTH EFFECTS. WE WOULD LIKE TO ASK YOU FOR SOME INFORMATION ABOUT ALCOHOL AND MARIJUANA**

**PART A: Personal Information of The Survey Participant**

1. Please tick your appropriate year of study.

1st-year student  2nd-year student  3rd-year student 4t-year student

1. Please indicate your gender:

Male Female Other Identify-------

1. Please indicate your Ethnicity:

Canadian  Non- Canadian

1. Please Indicate your age

18-20 years 21-24 years

1. Please indicate your course of study

Health Sciences Social Sciences  Education

1. Please indicate who you live with?

Alone  Parents Relatives Friends

1. Please indicate how many parent(s) you have?

☐ One parents ☐ Two Parents ☐ other Please Identify ------

1. Please indicate your Parental death:

☐ alive

☐ Deceased

☐ At least one parent deceased

1. Parent’s Education:

university degree

At least one with a university Degree

High school Diploma

At least one with a high School diploma

☐ other please Identify ----------

10. Parent’s Employment Status:

Working – Full Time

Working – Part Time

At Least one parent working – Part Time

Unemployed

At least one Parent unemployed

11. Which best describe your current employment Situation?

Working- Full Time

Working – Part time

Unemployed

12. Household income per year:

< CA 20,000  CA(20,000 – 40,000)  > CA 40,000

**PART B: The effects of alcohol.**

**The NEXT questions will either be True or False. If you think the answer is TRUE tick “true”. If you think the answer is FALSE tick “false”. If you do not know the answer to the question, DO NOT GUESS, tick “I don’t Know” in the box**

1. Alcohol beverages do not provide weight-increasing calories.

True False  I don’t Know

1. Alcohol is usually classified as a stimulant.

True False  I don’t Know

1. Many people drink to escape from problems, loneliness and depression.

True False  I don’t Know

1. A person cannot become an alcoholic by just drinking beer.

☐True ☐False  I don’t Know

1. Drinking in moderation can result in relaxation, enhanced social interactions, and a feeling of well-being.

☐True ☐False  I don’t Know

1. Self-help groups (Alcoholics Anonymous) are not helpful for those suffering from Alcohol Use Disorder.

☐True ☐False  I don’t Know

1. A blood alcohol concentration of .02% causes a person to be in a stupor.

☐True ☐False  I don’t Know

1. A glass of beer has very few calories so it has no impact on a diet.

☐True ☐False  I don’t Know

1. Eating while drinking will slow down the absorption of alcohol into the body.

☐True ☐False  I don’t Know

1. Consuming alcoholic drinks mixed with water is a way of avoiding getting drunk.

☐True ☐False  I don’t Know

1. Alcohol use is associated with about 50% of homicides and 25% of suicides.

☐True ☐False  I don’t Know

1. Alcohol abuse reduces life expectancy by about 10years.

☐True ☐False  I don’t Know

1. Men are more likely than women to be binge drinkers.

☐True ☐False  I don’t Know

1. Hypoglycemia may be caused by acute alcohol intoxication.

☐True ☐False  I don’t Know

1. Alcohol use rarely causes disturbed sleep.

☐True ☐False  I don’t Know

1. There is no genetic basis for alcohol use disorders.

☐True ☐False  I don’t Know

1. Vision impairment or hallucination cannot be caused by alcohol

☐True ☐False  I don’t Know

1. Alcohol consumption in pregnancy does not affect the fetus.

☐True ☐False  I don’t Know

1. Alcohol consumption during pregnancy does not affect the child’s postnatal development.

☐True ☐False  I don’t Know

20. DT’s (Delirium tremens) normally appears after at least 5 years of heavy alcohol use.

☐True ☐False  I don’t Know

**PART C: Biological Consequences of Binge Drinking Scale**

*When answering the following questions please consider the below bolded terms in light of their provided definitions. Please read the questions carefully and answer honestly*

**Binge drinking:** consuming at least 4-5 alcoholic drinks in a single occasion**.**

**Moderate drinking:** One drink an hour, no more than 2-3 drinks per day.

**Adolescent:** 10-19 year olds

**Binge drinking**: consuming at least 4-5 alcoholic drinks on a single occasion.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | STRONGLY AGREE | AGREE | UNSURE | DISAGREE | STRONGLY  DISAGREE |
| 1. Consuming alcohol in moderation is beneficial for the physical health of an 18-22 year old. |  |  |  |  |  |
| 2. Alcohol is an addictive drug |  |  |  |  |  |
| 3. The adolescent brain is more susceptible to damage from binge drinking than a fully  developed adult brain. |  |  |  |  |  |
| 4. The human brain is still in the process of development in the ages of typical college student  (18-22). |  |  |  |  |  |
| 5. Binge drinking 1-2 times per week can have a negative effect on a young adult’s learning and  memory function.. |  |  |  |  |  |
| 6. Young adults who abuse alcohol are more likely to have higher levels of self-rated anxiety and  depression |  |  |  |  |  |

**PART D : Effects of smoking marijuana**

***The NEXT questions will either be Yes or NO. If you think the answer is YES tick “Yes”. If you think the answer is NO tick “No”.***

1. **What do you believe are the benefits of marijuana?**

|  |  |  |  |
| --- | --- | --- | --- |
|  |  | **YES** | **NO** |
| 1 | Pain management |  |  |
| 2 | Treatment of disease (such as epilepsy or multiple sclerosis) |  |  |
| 3 | Relief from stress, anxiety, or depression |  |  |
| 4 | Improved appetite |  |  |
| 5 | Improved sleep |  |  |
| 6 | Help decreasing or stopping other medicines |  |  |
| 7 | Improved creativity |  |  |
| 8 | Improved focus or concentration |  |  |
| 9 | Increased energy |  |  |
| 10 | Other benefit |  |  |

1. **What do you believe are the risks of marijuana?**

|  |  |  |  |
| --- | --- | --- | --- |
|  |  | **YES** | **NO** |
| 1 | Addiction to marijuana |  |  |
| 2 | Impaired memory |  |  |
| 3 | Increased use of other drugs |  |  |
| 4 | Personal or relationship problems |  |  |
| 5 | Decrease in intelligence (IQ) |  |  |
| 6 | Decrease in energy |  |  |
| 7 | New or worsening health problems |  |  |
| 8 | Increase in stress, anxiety, or depression |  |  |
| 9 | Disrupted sleep |  |  |
| 10 | Other risk |  |  |

# Part E: Marijuana Effect Expectancy Questionnaire-Brief (MEEQ-B)

The following statements about the effects of marijuana. Answer each statement according to your own personal thoughts, feelings, and beliefs about marijuana.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Strongly  Disagree | Disagree  Somewhat | Uncertain | Agree  Somewhat | Strongly  Agree |
| 1.  Marijuana makes it harder to think and do things (harder to concentrate or understand; slows people down when they move). |  |  |  |  |  |
| 2. Marijuana helps a person relax and feel less tense (helps a person unwind and feel calm). |  |  |  |  |  |
| 3. . Marijuana helps people get along better with others and it can help a person feel more sexual (talk more; feel more romantic). |  |  |  |  |  |
| 4. Marijuana makes people feel more creative and perceive things differently (music sounds different; things seem more interesting). |  |  |  |  |  |
| 5. Marijuana generally has bad effects on a person (people become angry or careless; after feeling high a person feels down) |  |  |  |  |  |
| 6. Marijuana has effects on a person’s body and gives people cravings (get the munchies/hungry; have a dry mouth; hard to stop laughing) |  |  |  |  |  |

**THANK YOU FOR YOUR TIME!**